



NEWS RELEASE

May 22, 2007 - For Immediate Release

**TRADING SYMBOL: The Toronto Stock Exchange:
Village Farms Income Fund – VFF.UN**

Village Farms Completes Sale of Land

Vancouver, B.C., May 22, 2007/CNW/ – Village Farms Income Fund (the “Fund”) (TSX: VFF.UN) today announced that it has completed the sale of the 18-acre parcel of land on which the Pitt Meadows greenhouse was previously located, for CAD\$7.45 million.

Michael DeGiglio, Chief Executive Officer of the Fund's operating subsidiaries, stated “We are delighted that we have closed this previously announced deal. All of the net proceeds will be used to pay down senior debt.”

Village Farms’ Chief Financial Officer, Kenneth Hollander, added, “The proceeds from this land sale have exceeded our expectations and is an important step towards achieving our targeted leverage of 2 times (2x) EBITDA. The debt reduction will eliminate approximately US\$500,000 of interest expense per year and, as a result, will positively impact distributable income”.

About Village Farms

Village Farms is the largest producer, marketer and distributor of premium-quality, greenhouse grown tomatoes, bell peppers and cucumbers in North America. Village Farms operates sophisticated, highly intensive agricultural greenhouse facilities in British Columbia, Texas and Pennsylvania. It markets and distributes the premium product produced in these facilities, as well as those produced under exclusive arrangements with other greenhouse producers, predominantly in Mexico, under its Village Farms® and Home Choice® brand names, primarily to retail supermarkets and dedicated fresh food distribution companies. Village Farms markets and distributes throughout the U.S., Canada and Mexico, and currently operates seven distribution centres located across the U.S. and Canada.

Restriction on Non-Resident Ownership

The Declaration of Trust of the Fund contains provisions which prohibit non-residents of Canada from owning more than 49.9% of the Units of the Fund on a fully-diluted basis and give the Trustees of the Fund certain powers, including the power to require non-residents to sell their Units if this limitation is exceeded and the right to refuse to register transfers of units to non-residents if such a situation is imminent. The Fund estimates that in excess of 40% of its Units, on a fully-diluted basis, are held by non-residents. Should non-residents acquire additional Units of the Fund, it may be necessary for the Trustees to exercise their powers to require non-resident Unitholders to sell their Units and/or to refuse Unit transfer to non-residents. Accordingly, non-residents may determine that it is not appropriate to acquire directly or indirectly Units of the Fund.

Forward Looking Statements

The statements contained in this news release that are forward-looking are based on current expectations, and are subject to a number of uncertainties and risks, and actual results may differ materially. These uncertainties and risks include, but are not limited to: availability of resource, competitive pressures and changes in market activity, risks associated with U.S. and international sales and foreign exchange, and regulatory requirements. Further information can be found in the disclosure documents filed by the Fund with the Canadian securities regulatory authorities, available at www.sedar.com.

For further information

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Please visit our new web site at www.villagefarms.com.